

Ohio Department of Job and Family Services
HANDWASHING PROCEDURES FOR CHILD CARE



Have the necessary supplies on hand:

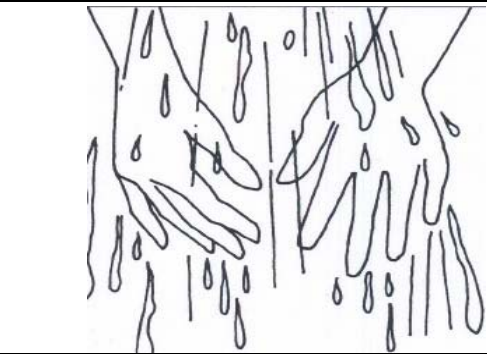
- liquid soap
- towels
- lotion

Liquid soap is required. Antibacterial soaps are not required. Disposable wipes do not effectively clean hands and do not take the place of hand washing.

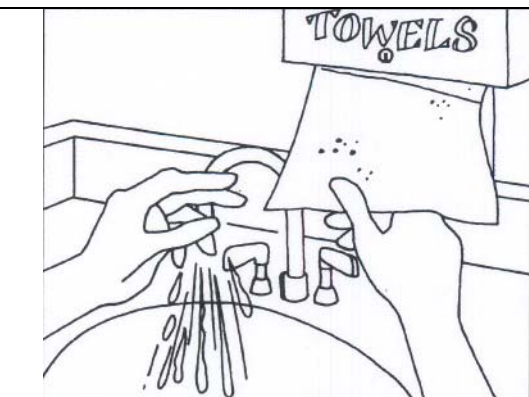


Scrub hands with soap and water for **at least 15 seconds**. Include between fingers, under and around nail beds, backs of hands.

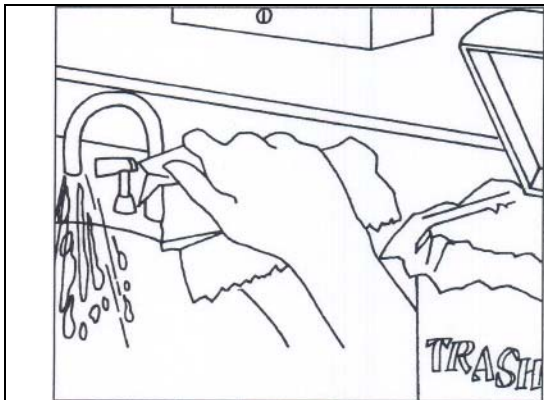
If artificial nails are worn, extra attention should be given to performing proper handwashing technique.



Rinse hands well under running water with fingers down so water flows from wrist to fingertips. Leave the water running.



Dry hands with a paper towel.



Turn off the faucet with the paper towel, instead of bare hands. Discard the paper towel in the trash can.



Apply hand lotion, if needed.

Children should wash their hands:

- Upon arrival at the child care setting
- Immediately before eating.*
- After eating.
- After using the toilet.*
- After having their diaper changed.
- After contact with bodily fluids.*
- Before and after using water tables.
- After playing on the playground.*
- After handling pets, pet cages, or other pet objects.*
- Whenever hands are visibly dirty.*
- Before going home.

* Required by ODJFS Child Care Center and Type A Home Rules.

Staff should wash their hands:

- Upon arrival at work.*
- Immediately before handling food, preparing bottles, or feeding children.*
- After using the toilet, assisting a child in using the toilet or changing diapers.*
- After contacting a child's body fluids, including wet, soiled diapers, runny noses, spit or vomit.*
- After handling pets, pet cages or other pet objects.*
- When hands are visibly dirty or after cleaning a child, the room, bathroom items or toys.*
- After removing gloves used for any purpose.*
- Before and after giving or applying medication or ointment to a child or self.*
- Before going home.

* Required by ODJFS Child Care Center and Type A Home Rules.

Illustrations by Jack Hankinson.

This is a reference guide from ODJFS.